

Monday		Tuesday		Wednesday		Thursday		Friday	
1	B: WG Frosted Mini Spooners(WG), Blueberries, whole/1% Milk unflavored	2	B: WG Cheerios, Apples, whole/1% Milk unflavored	3	B: Waffle w/ Syrup, Pears, whole/1% Milk unflavored	4	B: Buns(WG), Cucumbers, whole/1% Milk unflavored cream cheese	5	B: Waffle w/ Syrup, Apple Slices, whole/1% Milk unflavored
L:	Beef Hot Dogs, Buns(WG), Carrot Sticks, Applesauce, whole/1% Milk unflavored Green Peppers	L:	Beef Ground, Spaghetti, Celery, Oranges, whole/1% Milk unflavored	L:	Cheese, Macaroni & Cheese(WG), Mixed Greens, Pears, whole/1% Milk unflavored	L:	Chicken, WG Quinoa, Celery, Honeydew Melon, whole/1% Milk unflavored	L:	Salmon, Buns, Tomatoes, Watermelon, whole/1% Milk unflavored Lunch: left over (Quinoa & lentils) (Rice & Chicken, corn) (Beef Ground, Pasta) , watermelon, Bread , Fluid Milk
P:	--, Goldfish Crackers, --, whole/1% Milk unflavored ranch	P:	Peanut Butter, Cracker Rounds(WG), --	P:	Peanut Butter, Bananas	P:	Animal Crackers, Raisins	P:	--, Club Crackers(WG), Applesauce
8	B: Pancake w/ Syrup, Grapes, whole/1% Milk unflavored	9	B: Cheese Toast, Strawberries, whole/1% Milk unflavored	10	B: WG Cheerios, Apples, whole/1% Milk unflavored	11	B: French Toast Sticks, Grapes, whole/1% Milk unflavored	12	B: WG Frosted Mini Spooners, Apple Slices, whole/1% Milk unflavored
L:	Beef Ground, Rice(WG), Carrot Sticks, Nectarines, whole/1% Milk unflavored	L:	Chicken Alfredo, Buns, Corn, Pears, whole/1% Milk unflavored Buns	L:	Black Beans, Buns, Creditable Vegetable, Blueberries, whole/1% Milk unflavored alfredo sauce black olives	L:	Lentil Stew, WG Quinoa(WG), Cucumbers, Beans / Black, whole/1% Milk unflavored Black olives	L:	Tuna, Bread, Wheat(WG), Lettuce, Watermelon, whole/1% Milk unflavored left over
P:	Peanut Butter, Celery, -- ranch	P:	Cheese, WG Triscuits(WG)	P:	--, Graham Cracker(WG), Bananas	P:	Animal Crackers, Raisins	P:	Cheese, Buns

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<p>15</p> <p>B: WG Honey Nut Shredded Wheat, Applesauce, whole/1% Milk unflavored</p> <p>L: Egg with Cheese, Buns, Lettuce, Oranges, whole/1% Milk unflavored</p> <p>P: WG Oatmeal Squares Brown Sugar(WG), --, whole/1% Milk unflavored</p>	<p>16</p> <p>B: Waffle w/ Syrup, Bananas, whole/1% Milk unflavored</p> <p>L: Beef Ground, Buns(WG), Corn, Nectarines, whole/1% Milk unflavored</p> <p>Rice</p> <p>P: Peanut Butter, Bananas</p>	<p>17</p> <p>B: Frosted Mini Wheat, Blueberries, whole/1% Milk unflavored</p> <p>L: Spaghetti with Meat Sauce (Ground Turkey or Beef), Buns, Tomatoes, Apple Slices, whole/1% Milk unflavored</p> <p>P: --, Cheese Toast(WG), Cucumbers</p>	<p>18</p> <p>B: French Toast Sticks, Strawberries, whole/1% Milk unflavored</p> <p>L: Chicken Alfredo, Noodles / Pasta, Enriched, Corn, Honeydew Melon, whole/1% Milk unflavored</p> <p>left over (macaroni with alfredo sauce with chicken Rice with Beef Ground</p> <p>P: Cheese, WG Wheat Chex, --</p>	<p>19</p> <p>B: Pancake w/ Syrup, Grapes, whole/1% Milk unflavored</p> <p>L: Beef Ground, WG Bread Wheat(WG), Carrots, Bananas, whole/1% Milk unflavored</p> <p>noodles</p> <p>P: Goldfish Crackers, Applesauce</p>
<p>22</p> <p>B: Buns, Apples, whole/1% Milk unflavored</p> <p>Boiled egg</p> <p>L: Chicken Nuggets (CN), Buns, Cucumbers, Grapes, whole/1% Milk unflavored</p> <p>P: Cheese, Cracker Rounds(WG), --, --</p>	<p>23</p> <p>B: Waffle w/ Syrup, Pears, whole/1% Milk unflavored</p> <p>L: Cheese, Macaroni & Cheese(WG), Carrot Sticks, Kiwi, whole/1% Milk unflavored</p> <p>P: Peanut Butter, Bananas</p>	<p>24</p> <p>B: WG Frosted Mini Spooners(WG), Blueberries, whole/1% Milk unflavored</p> <p>L: Beef Hot Dogs, Buns(WG), Carrot Sticks, Applesauce, whole/1% Milk unflavored</p> <p>Green Peppers</p> <p>P: --, Goldfish Crackers, --, whole/1% Milk unflavored</p> <p>ranch</p>	<p>25</p> <p>B: WG Cheerios, Multigrain, Pears, whole/1% Milk unflavored</p> <p>L: Lentil Stew, Buns, Corn, Raisins, whole/1% Milk unflavored</p> <p>quinoa</p> <p>P: WG Wheat Thins(WG), Cantaloupe</p>	<p>26</p> <p>B: WG Frosted Mini Spooners(WG), Blueberries, whole/1% Milk unflavored</p> <p>L: Beef Hot Dogs, Buns(WG), Carrot Sticks, Applesauce, whole/1% Milk unflavored</p> <p>Green Peppers</p> <p>P: --, Goldfish Crackers, --, whole/1% Milk unflavored</p> <p>ranch</p>

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<p>29</p> <p>B: WG Frosted Mini Spooners(WG), Blueberries, whole/1% Milk unflavored</p> <hr/> <p>L: Beef Hot Dogs, Buns(WG), Carrot Sticks, Applesauce, whole/1% Milk unflavored Green Peppers</p> <hr/> <p>P: --, Goldfish Crackers, --, whole/1% Milk unflavored ranch</p>	<p>30</p> <p>B: WG Cheerios, Apples, whole/1% Milk unflavored</p> <hr/> <p>L: Beef Ground, Spaghetti, Celery, Oranges, whole/1% Milk unflavored</p> <hr/> <p>P: Peanut Butter, Cracker Rounds(WG), --</p>	<p>31</p> <p>B: Cinnamon Toast, Bananas, whole/1% Milk unflavored</p> <hr/> <p>L: Lentil Stew, WG Quinoa, Cucumbers, Applesauce, whole/1% Milk unflavored Green Peppers</p> <hr/> <p>P: WG Mini Wheats Little Bites, --, Raisins, --</p>		